Outfield Stops Drill

Coach and outfielder start 10 feet away from each other. Outfielder will complete the first round of the drill bare handed. Coach will roll the ball to the outfielder, OF will field the ball from a knee. Second round the OF will field the ball like an infielder. Third round will be a do or die. Once the drill is completed barehanded, back the OF up and complete the drill again using a bat and glove.